

ESG Regulations: Cost-Effective Compliance for Sustainable Growth

11 – 12 November The Majestic Hotel Kuala Lumpur



Dr. Nisha Kohli 
Sustainability Leader & Trainer
Chief Executive Officer, CorpStage

1 Course Overview

“Compliance is expensive.”

That’s the phrase most companies repeat when ESG regulations come up. But what if ESG could actually save you money, improve efficiency, and attract investment. All while staying compliant?

Around the world, regulators are tightening rules on sustainability reporting whether it’s ISSB, CSRD, BRSR, or SEC disclosures. Companies in Malaysia and across Asia are feeling the pressure: stricter reporting, broader disclosure requirements, and mounting investor expectations. The cost of getting it wrong? Financial penalties, reputational damage, and missed opportunities.

This 2-day masterclass shows you how to flip the script. Instead of treating ESG compliance as a burden, **you’ll learn how to approach it as a strategic investment.** Guided by Dr. Nisha Kohli, an award-winning ESG and corporate governance expert, you’ll discover practical ways to meet regulatory requirements at the lowest possible cost and leveraging digital tools, smarter processes, and integration with your existing business systems.

Day 1 unpacks the regulatory maze: what frameworks demand, where hidden costs creep in, and how others have succeeded or failed. Day 2 equips you with the practical roadmap: low-cost data strategies, scalable technology, and ways to turn compliance into long-term business value.

By the end, you’ll walk away with an action plan tailored to your organisation with clear, cost-effective, and future-ready.



2 Course Lead Trainer



Dr. Nisha Kohli 
Sustainability Leader & Trainer
Chief Executive Officer, CorpStage

Dr. Nisha Kohli is a globally recognised ESG and corporate governance expert, founder of CorpStage, and a trusted advisor to multinational corporations and financial institutions across Asia and Europe.

With a Ph.D. in Corporate Governance and more than 24 years of international experience, Dr. Nisha has helped organisations navigate frameworks such as ISSB, CSRD, and BRSR, transforming regulatory demands into business opportunities.

Her expertise lies in guiding leaders on ESG compliance, technology integration, and cost optimisation, with proven results in reducing compliance costs while boosting transparency and investor trust.

She was recently recognised as one of **CIO Women's Most Influential Women in Sustainability 2024** and in the **Global 50 Women in Sustainability Awards 2023**. Known for her dynamic teaching style and practical approach, Dr. Nisha brings deep insight and actionable strategies to every session.

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Course Objectives & Benefits

Objectives

By the end of this workshop, you will be able to:

- ✓ Decode global and Asian ESG regulatory frameworks (ISSB, CSRD, BRSR, SEC) and their local implications.
- ✓ Identify hidden cost drivers in ESG compliance and strategies to minimise them.
- ✓ Integrate ESG processes into existing finance, audit, and governance systems.
- ✓ Leverage technology, automation, and AI tools for affordable, accurate ESG reporting.
- ✓ Build an ESG roadmap that delivers both compliance and measurable business value.

Benefits to Your Company

Staying compliant is no longer optional yet overspending on ESG isn't sustainable either. This workshop gives your company the tools to:

- ✓ Comply with ESG regulations without unnecessary costs or duplication.
- ✓ Optimise data collection and reporting through digitalisation.
- ✓ Strengthen trust with investors, regulators, and customers.
- ✓ Reduce risk exposure and avoid costly compliance failures.
- ✓ Position ESG as a business advantage, not a cost centre.

Result? Lower compliance costs. Improved efficiency. Stronger reputation. Enhanced investor confidence.





Course Agenda Day 1

ESG Regulations - Context and Compliance

Module 1: Overview to ESG & Regulatory Landscape

Start by exploring the big picture of ESG. You'll gain clarity on how global and Asian ESG trends are shaping business priorities and dive into the most influential frameworks, including ISSB, CSRD, SEC, and BRSR. With updates from Malaysia, Singapore, and the EU, you'll walk away with a clear understanding of where regulations stand today and where they are headed.

Module 2: What Do Regulators Require?

This session demystifies what regulators are really asking for. From materiality assessments to detailed disclosures on emissions, diversity, and governance, you'll unpack reporting requirements step by step. You'll also learn about phased implementation timelines, penalties for non-compliance, and incentives for early movers so you know exactly how to prepare.

Module 3: Cost Drivers in ESG Compliance

Compliance isn't just about policies; it comes with costs. This module uncovers the hidden expenses organisations often overlook from extensive data collection and third-party verification to audits, technology investments, and scope 3 supply chain challenges. By breaking down these cost drivers, you'll learn how to spot inefficiencies and identify opportunities to save.

Module 4: Case Study - Compliance Gone Right and Wrong

Theory meets reality in this case study discussion. You'll examine regional and global examples of companies that have successfully navigated compliance with minimal costs and contrast them with stories where missteps led to financial losses or reputational damage. The lessons learned here will highlight what to emulate and what to avoid.

Course Schedule:

08:30-09:00	09:00-10:30	10:30-11:00	11:00-13:00	13:00-14:00	14:00-15:30	15:30-16:00	16:00-17:00
Registration	Upskilling	Break	Upskilling	Break	Upskilling	Break	Upskilling

Note:

All modules will be delivered across Day 1 and Day 2. However, the trainer may adjust the sequence, modify content, or emphasize specific topics based on the delegates' skills and experience.



Course Agenda Day 2

[Practical, Cost-Effective ESG Implementation](#)

Module 5: Optimising Processes and Reducing Costs

Day 2 opens with a practical look at how to simplify ESG processes. You'll learn best practices for capturing and digitalising data at low cost, how to leverage your existing ERP and finance systems instead of duplicating work, and how to choose scalable solutions that fit your company's size and needs.

Module 6: Integrating ESG Into Business Strategy

Rather than treating ESG as a separate compliance function, this session shows you how to embed it into everyday decision-making. You'll discover how to design effective internal controls, ensure audit readiness, and engage your board and senior leaders so ESG becomes a driver of both compliance and performance.

Module 7: Technology for ESG Efficiency

The right tools can slash costs and boost accuracy. In this module, you'll explore automation, AI-driven reporting, and digital dashboards that provide real-time insights. You'll also see how digital product passports and smarter supplier engagement make collecting scope 3 data easier, faster, and more cost-efficient.

Module 8: Measuring Value Beyond Compliance

ESG doesn't have to stop at "ticking boxes". Here, you'll reframe ESG as an investment centre. You'll learn how companies are leveraging ESG to attract capital, win customer trust, and reduce risks. This session will show you how to demonstrate ESG's contribution to business growth, not just compliance.

Module 9: Interactive Workshop & Action Planning

Put everything you've learned into practice. Working in groups, you'll assess your organisation's current ESG state, identify key gaps, and design a tailored roadmap for compliance that is both effective and affordable. This hands-on session ensures you leave with a concrete, practical plan.

Q&A, Wrap-Up & Networking

The workshop closes with an open Q&A and networking session. You'll have the chance to clarify specific challenges, gain insights from peers, and connect with professionals facing similar ESG journeys building a community of practice that extends beyond the classroom.

**Course schedule follows the same format as Day 1*

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Who Should Attend

This workshop is suitable for both **experienced professionals** seeking to strengthen their expertise and those **new to the field** looking to build a strong foundation in ESG, including but not limited to:

Role	Relevancy	Why?
Board Members & C-Suite Executives	☆☆☆	Learn how to integrate ESG into business strategy while minimising costs.
Compliance Officers	☆☆☆	Gain clear guidance on disclosure requirements and cost-effective compliance.
Sustainability & ESG Managers	☆☆☆	Discover practical frameworks, tools, and strategies for efficient ESG reporting.
Finance & Audit Professionals	☆☆☆	Learn how to align ESG with existing reporting and control systems.
Risk Management Professionals	☆☆	Understand ESG-related risks and build cost-effective mitigation strategies.
Supply Chain & Procurement Managers	☆☆	Address supplier data challenges and scope 3 emissions.
Investor Relations & Corporate Communications	☆☆	Position ESG as a value driver for stakeholders and investors.

☆☆☆ Highly Relevant ☆☆ Relevant ☆ Somewhat Relevant

Let's Level Up!

Are you ready to empower your skills
and ultimately elevate your career?



Standard Fee : RM3,500/pax
Group Fee : RM3,350/pax (min 3 pax)

- ✓ Fees are per participant & inclusive of 8% SST.
- ✓ This course is **100% claimable** through HRD Corp Claimable Course (SBL-KHAS) Scheme: Employer-Specific Course

Step 1: Click the registration link here:

→ <https://www.skill-lyft.com/workshop-series-registration-form> or scan the QR code below and complete the online form.



Step 2: We'll review your submission and email the relevant documents:

- If applying for HRD Corp grant: You'll receive supporting documents to complete your grant application.
- If not applying for grant: You'll receive an invoice for direct payment.

Need help or have questions?
Reach out to us at registration@skill-lyft.com



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